

A HUSBAND-AND-WIFE TEAM OF SPEAKERS & RELATIONSHIP MENTORS FROM JAPAN

Mikity & Eichan

Mikiko Sudo & Hidehiko Sudo, Ph.D.

Bringing the Japanese spirit of sharing to modern life, love and business

SIGNATURE THEME

“Wakachiai”

From everyday talk to deep connection and co-creation



Mikity and Eichan are a Japanese husband-and-wife team who **teach what they live**: turning everyday conversations into deep connection. For 24+ years, Mikiko taught at Japanese universities, including Japanese society and culture to international students and graduate students from around the world. Hidehiko holds a Ph.D. in sports science and specializes in behavior change. Together they have supported **400+ people in Japanese and English**, including couples in the U.S. Mentored by Ken Honda; collaborating with Gil Petersil.

4 countries

Speaking & workshops in 2026: Japan, Taiwan, Vietnam & Malaysia

400+

people supported in Japanese & English, incl. couples in the U.S. online

24+ yrs

Mikiko · university educator at ICU, Konan & Soka · doctoral coursework, Temple University

Ph.D.

Hidehiko · Ph.D. in sports science, Waseda University · specialist in behavior change

CORE HIGHLIGHTS

Published Authors

Co-authors of a book on partnership from Tokyo publisher Jitsugyo no Nihon Sha (2025). Mikiko's short English Kindle guide “Wakachiai” reached #1 in two categories.

Global Speaking & Collaborations

Co-hosted the ChaTea & Wakachiai Night in Tokyo with Gil Petersil after he joined their COLIVE Fukuoka workshop. Co-led a retreat in Penang, Malaysia, with Victor Tan.

Events That Bring People Together

Hosted an online summit for Japan's “Good Couples Day” (Nov 22, 2025) with 9 speaker couples: 214 registrations, 70+ joining live throughout. Hosted the annual Wakachiai Party, 2018–2023.

Co-Creators in Action

Ikigai Co-Creators at COLIVE Fukuoka, leading the Wakachiai workshop; joined forces as five-member “Team Wakachiai” at Synapse Festival Fukuoka.



RECENT STAGES & COLLABORATIONS

COLIVE Fukuoka · Speech & workshop

Taiwan Digital Fest · Speech

Da Nang Nomad Festival · Workshop

Synapse Festival Fukuoka · Sessions

ChaTea & Wakachiai Night · Tokyo, with Gil Petersil

Penang Retreat · with Victor Tan

Kuala Lumpur Seminar · with Victor Tan

Pictured: on stage at COLIVE Fukuoka.

“When couples smile, the world changes.”

Please turn over →

01

The Power of “Wakachiai”

SIGNATURE KEYNOTE

Our own 42-year story, told together on stage, partly as a dramatized reading. Through two short pair practices, audiences discover how sharing small joys and small frictions turns everyday talk into deep connection.

02

From Friction to Freedom: Equal Partnership at Work & Home

INTERACTIVE WORKSHOP

Think of one person you often clash with. Why do the relationships that matter most lose their ease, and what brings it back? Pair sharing, a simple growth model, and a playful role-play of appreciation.

03

Masculine & Feminine: Finding Your Balance

INTERACTIVE WORKSHOP

We all carry both sides: the doing, leading masculine and the feeling, connecting feminine. With an optional self-reflection quiz and pair sharing, participants explore four keys to balance in their relationships.

WHAT LEADERS & PARTICIPANTS SAY

“I’ve seen so many speakers on stage over so many years, and what I saw was incredible storytelling — a partnership working together beautifully.”

Gil Petersil · Global Master Connector & Speaker · Former lead promoter for Tony Robbins

“They share something very intimate — life, relationships, even divorce — and open it up to the world. If you are looking for someone to support your relationship, look for them.”

Diego Taira · Singapore · Married, father of three · COLIVE Fukuoka

“Their workshop feels like a warm hug and a deep conversation all at once. ... I felt safe and supported while learning from them.”

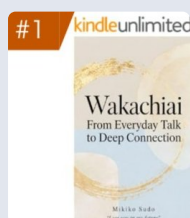
Boyana Vancheva · Da Nang Nomad Festival

“We sit together every night, one on a tablet, one on the phone, but we don’t talk. Now I will go home and start talking with my partner.”

Participant · Germany · In a 10-year relationship · COLIVE Fukuoka

“An interesting exposure to a topic that isn’t often discussed. Learning from a Japanese couple how relationship building differs across cultures was insightful.”

Samantha · Latvia · Da Nang Nomad Festival



THE BOOK

“Wakachiai: From Everyday Talk to Deep Connection” — a short English guide, #1 in Parenting & Families and Health, Mind & Body

Also co-authors of a book on partnership, published in Japanese by Jitsugyo no Nihon Sha (Tokyo, 2025).



Get it on Amazon

FORMATS

Keynote · festivals, summits & community events
Interactive workshop · hands-on Wakachiai practice
Private VIP retreats · couples & founders
Private mentoring · one-on-one, ongoing: teaching, healing, counseling & coaching, rooted in Wakachiai
Languages · English & Japanese



Invite Mikity & Eichan

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Based in Japan
Available worldwide